IEEE Conference on Technologies for Humanitarian Challenges (August, 2009)

Mobile Network Based Telemedicine For Rural Population

G.D. Jindal

Why Telemedicine ?

- More than a BILLION population
- High population per physician (around 5000)
- Majority living in RURAL area (> 70%)
- Poor road conditions and transport
- Vast area with varied topography

All justify the need for Telemedicine in India.

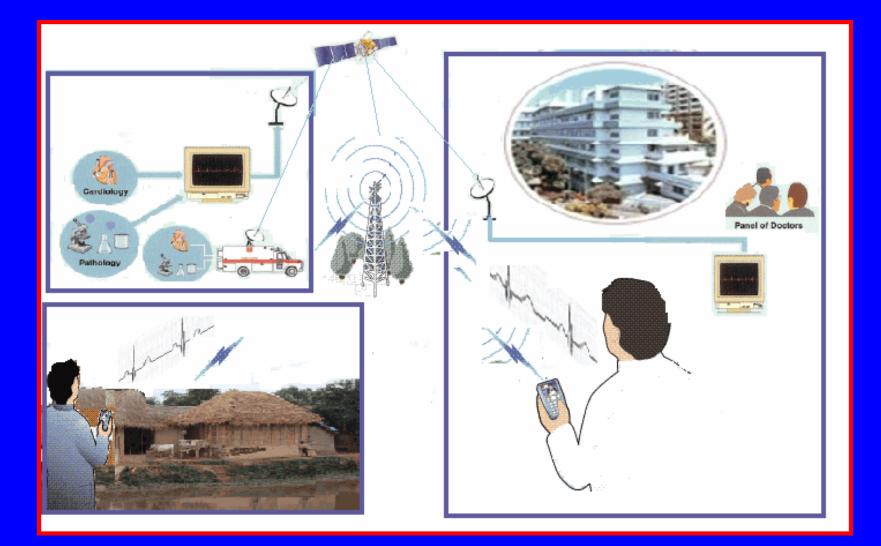
Inaccessible areas



Why mobile network based ?

- Public switched telephone network (PSTN) or integrated services digital network (ISDN) limits communication between fixed locations.
- Wireless Telemedicine built around satellite communication requires expensive equipment, dedicated link and skilled man power.
- Mobile cellular network like GSM or 3G provide worldwide communication and mobile sets are easily affordable.

MNBT Concept



BARC's Development

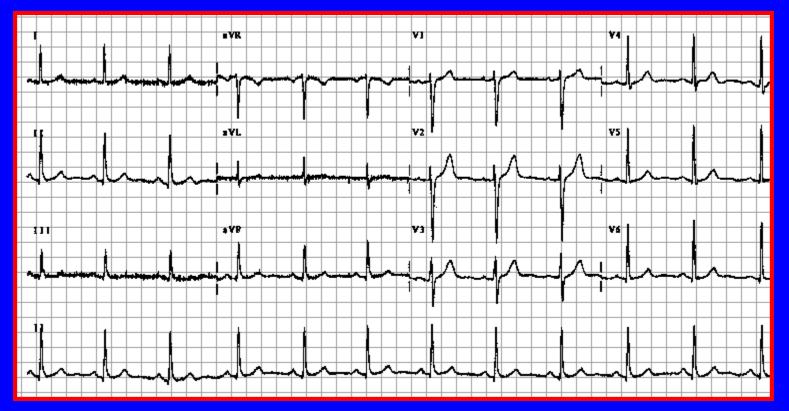
- Development of instrument with Bluetooth interface connecting to mobile phone. (Tele-ECG)
- Bluetooth connectivity to medical imaging devices with mobile phone.

Why ECG?

• Maximum mortality due to undiagnosed heart attack in remote areas.

Normal Sinus Rhythm

How a Normal ECG looks?



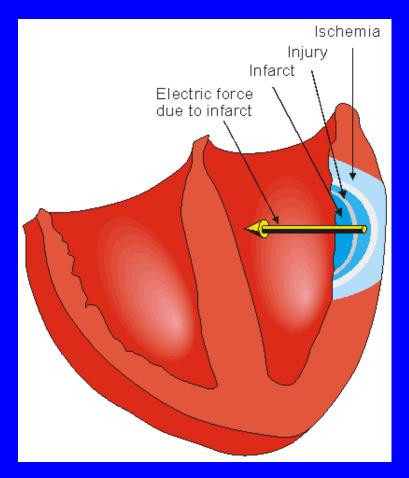
Information given by ECG Physiological variations (ANS) $-\downarrow$ Rate: Sleep, athletes Pathological variations -Changes in Na, K, Ca -Blood supply -Infections -Drugs -Metabolic anomalies

Information given by ECG (contd)

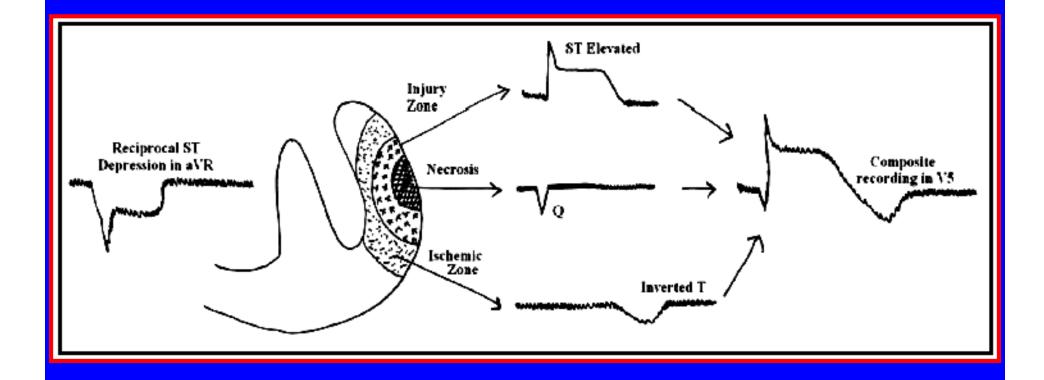
- Anomalies of Rate
 - -Sinus tachycardia
 - -Sinus bradycardia
 - -Supra Ventricular Tachy.
 - -Ventricular Tachy.
 - -Ventricular fibrillation

Myocardial Ischemia and Infarction

- Oxygen depletion to heart can cause an oxygen debt in the muscle (ischemia)
- If oxygen supply stops, the heart muscle dies (infarction)
- The infarct area is electrically silent and represents an inward facing electric vector...can locate with ECG

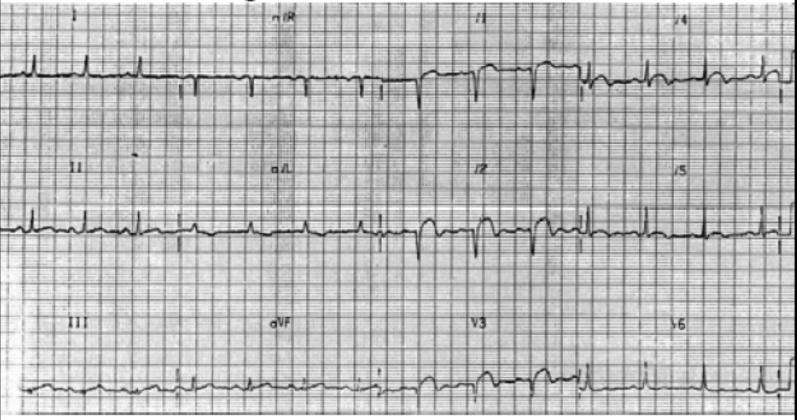


Abnormal Waves in ECG



Acute Antero-septal MI

78 y.o. male BIBA with C-spine immobilization secondary 3 to syncope. Now no complaints and A & O x 3. Has abrasion over right brow.



Complication of AMI

Management

- DEATH
- Cardiogenic Shock
- Heart Failure
- Arrhythmias

- Drug therapy
- Thrombolytic Therapy
- Percut. Coron. Intv.
- Emerg. CABG

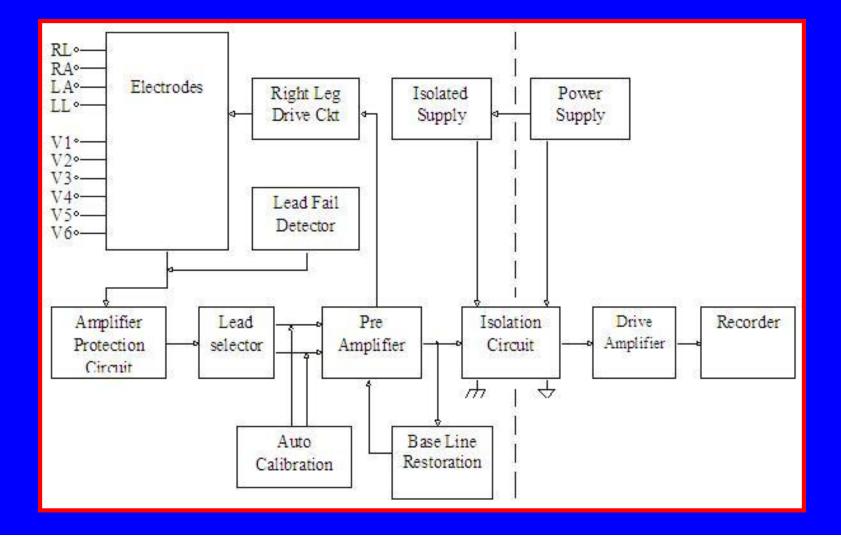
<u>'Golden Hour' 30 mins - 2 hrs</u>

Timing of reperfusion therapy by prehospital versus in-hospital ECG utilization

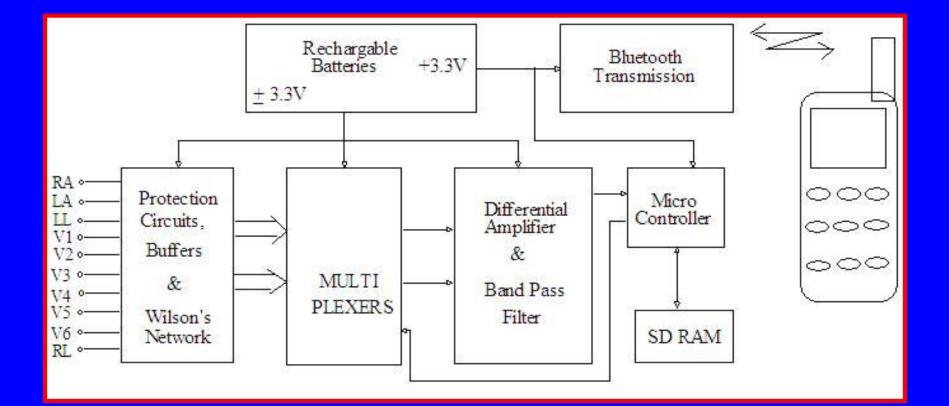
Reperfusion times	Overall	Prehospital ECG	In-hospital ECG	р
Fibrinolytic agents •Door-to-needle time (min)	n=239 26	n=72 19	n=167 29	0.003
Primary PCI Door-to-balloon time (min)	n=5117 71	n=1501 61	n=3563 75	<0.0001

Diercks DB et al. J Am Coll Cardiol 2009; 53:161-166.

BARC's Tele-ECG Front-End Schematic



BARC's Tele-ECG Full Schematic



ECG Specification

- ü 12 Leads
- **ü** Input Impedance $> 10 \text{ M}\Omega$
- ü Gain:1000/500 (selectable) Frequency
- **ü** Response: 0.05 Hz to 150 Hz (3dB)
- ü Common Mode Rejection Ratio > 80dB
- **ü** Patient Isolation > $10 \text{ M}\Omega$
- ü Interfaces: Bluetooth & USB
- ü ARM 9 Processor
- ü Can run on any mobile with J2ME support

BARC's Tele-ECG Embedded Control

- ARM 9 Processor
- C for Application Software
- External Request can come from PC/ Laptop/ Mobile via Bluetooth
- MicroSD interface for data files

BARC's Tele-ECG Mobile Based Control

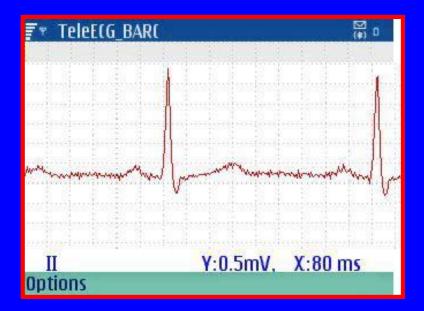
- Any Mobile with Bluetooth and Java support
- Control by key strokes (1 for start/stop and 2 for change of lead)
- Application software for the Mobile under J2ME
- Can run on any mobile with J2ME support

BARC's Tele-ECG

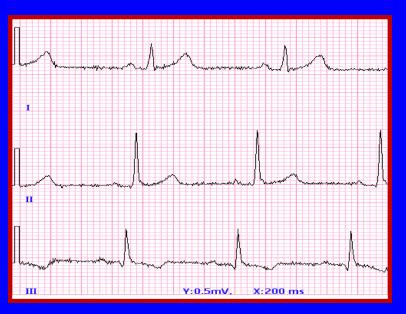


Screen Shots of Tele ECG Midlet



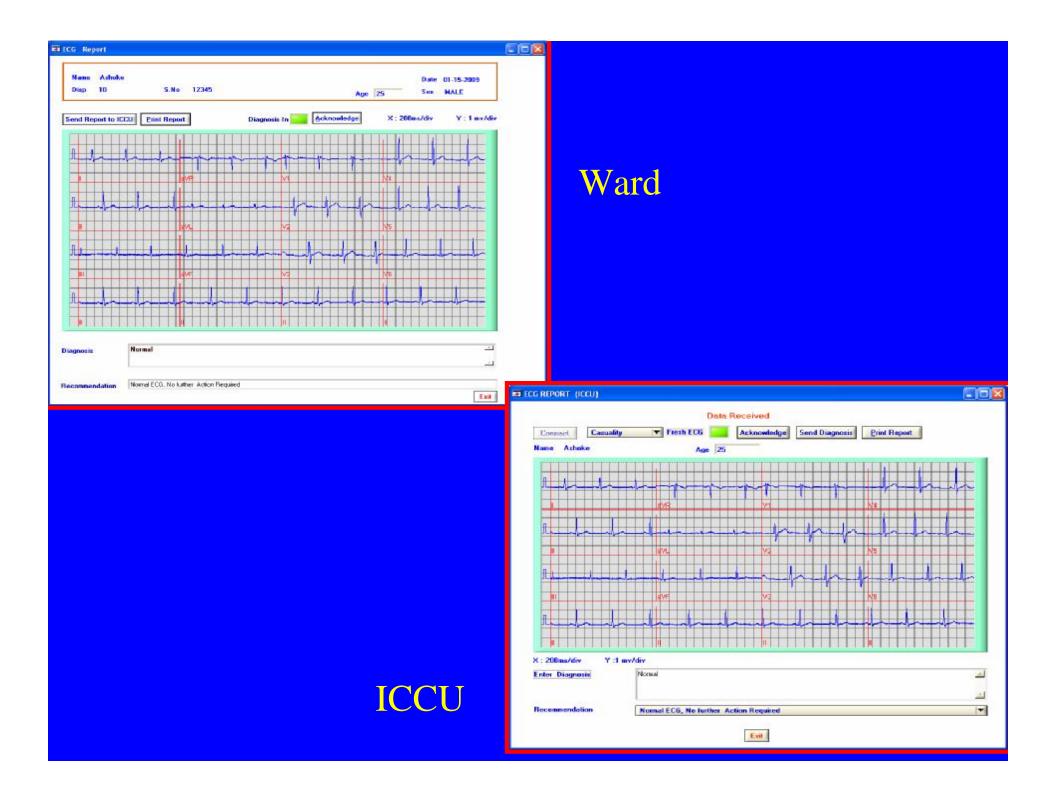






Tele-ECG for Hospitals

- A hospital with a Local Area Network running through Different Wards
- ECG Machines deployed in several wards
- Cardiologist May be only in ICCU or will be of limited availability



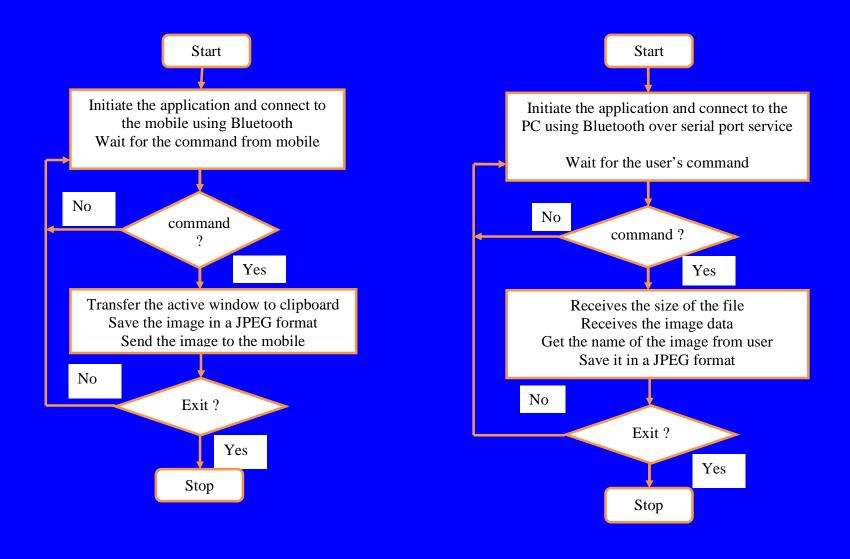
MNBT Utility

After successful deployment of Tele-ECG unit in various hospitals for clinical validation,

MNBT utility has been developed to capture any medical data from an instrument or PC onto a mobile phone for onward transmission to expert.

PC Application

Mobile Application



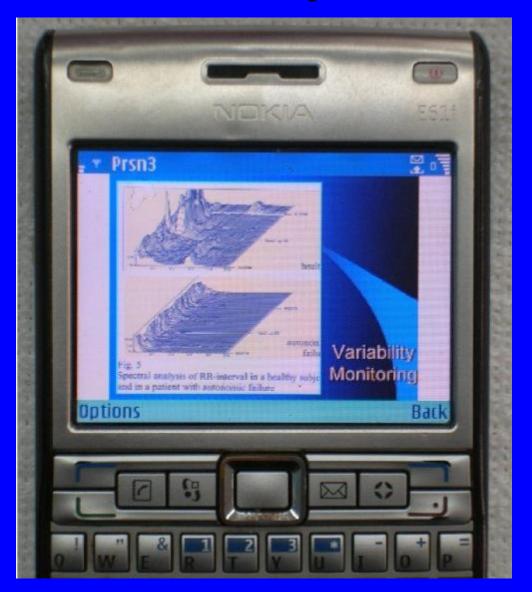
Ultrasonic Image



Venogram Images



Variability Data



IPG Data and Aortogram



Thanks